

# FOOD SHOWS FROM MY CUISINE, FRANCE



HBC-MY CUISINE  
COPRODUCTION



## Traveling Chef De France in Hokkaido

Duration / 25 min x 4 eps  
Language / French (English Subtitled)  
Host / Amandine Chaignot

Locations / Furano, Lake Toya, Niseko, Sapporo  
Original Air / January, 2019 in France

*A French chef visited Hokkaido exploring beautiful foods and people who produce ingredients. Being taught the spirits of Hokkaido food, it's time for her to cook. What and how does she cook?*

### Eps#1 Furano



Amandine Chaignot takes you to Furano in the heart of the island of Hokkaido, this region of plains surrounded by mountains. To discover the special flavors of this island, Amandine calls on Mr. Taniguchi, a famous Japanese beef breeder who will tell her everything about this delicious meat not only found in Kobe!



### Eps#2 Lake Toya



After Furano, Amandine Chaignot takes the road to Lake Toya. It is in this beautiful wilderness that Michel Bras came to set up his restaurant, between a volcanic lake and the Pacific Ocean! With this breathtaking landscape and Usu volcano still active and making the land particularly fertile, it's easy to understand why he chose this place for his first out-of-France restaurant!



### Eps#3 Niseko

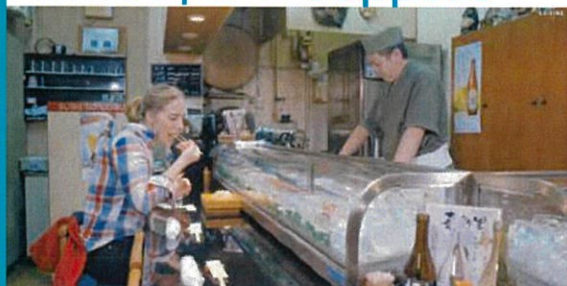


In her quest for umami, Amandine Chaignot continues her journey to Niseko, a region around the world for its powder and ski areas.

First Amandine will break the secrets of making the inevitable Japanese drink: sake. Then discover one of the Japanese national dishes: the eel. If we do not know how to cook, they have a secret to make it delicious!



### Eps#4 Sapporo



In this episode head to Sapporo. In this fifth largest city of Japan, you can taste all the specialties of Hokkaido thanks to the many specialized restaurants. If the Japanese have a gastronomy of quality, they also have rules of etiquette that it is good to know. For this Amandine will go to dinner in a traditional restaurant. Then she will take you to taste takoyaki, octopus balls that we usually eat in street food.

